



Calendar

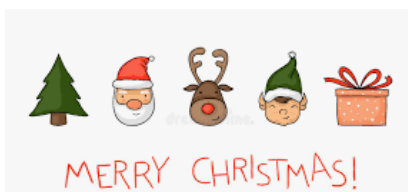
15 Dec	Class Awards
16 Dec	Class Party - Last day of Term 4 for students
19 & 20 Dec	SDD for staff – no students on site
27 & 30 Jan	SDD for staff – no students
31 Jan	Students return
3 Feb	Small School Swimming Carnival

Thank you, Merry Christmas and Happy New Year

As this is our last newsletter for 2022 the staff would like to say a huge thank you to everyone who has contributed to Iona PS this year. It has been another year of uncertainty at times, but we once again soldiered on with our heads held high. Without our parent and community support we cannot possibly provide the students with the many wonderful opportunities they currently receive – thank you! We would also like to say farewell to the following families; the Chang's, the King's, the Matsamak's and the Monger's. We thank you for all that you have contributed to Iona and wish you all the very best during the next stage of your educational journey with your children.

School returns for all students on Tuesday 31 January 2023. Friday and Monday 29 & 30 January are staff development days without students onsite.

We wish everyone a safe and happy holiday!



SDD End of Term- Reminder

A reminder that Monday 19 and Tuesday 20 are SDD and no children will be on site. Students finish on Friday 16 December.

End of Year Reports

Reports will go home this Wednesday 14 December with student quality work booklets. If you would like to discuss your child's report with their class teacher, please email them to make an appointment.

Week 10 Activities

Thursday 15 Dec – Class Award presentation 9:30am under the COLA. All community members are welcome.

Friday 16 Dec - Last day of school, Class Pizza Party & Year 6 Clap Out. If you have not made payment for this event students must bring their own lunch. This is also an out of uniform day.

Year 6 Clap Out At 2:45pm we will be farewelling our year 6 students with a cake and then forming a guard of honour at the bottom gate at 3pm. All parents and community members are invited to celebrate with us.

Class Structures 2023

At this point in time, we will have three classes next year, unless anything changes over the break. These are:

K/1 – Mrs Melissa Bird / Mrs Mallory Fraser (Term 1)

2/3 – Ms Fiona McDonnell (4 days & 1 day APC&I) & Ms Tahlee Rose (Thursdays)

4-5-6 – Ms Tully (Mon-Wed) & Mr Tarry (Th-Fri & Wed as Digital Classroom Officer)

School Captains 2023

Our Year 5 students spoke extremely well, presenting themselves as excellent School Leaders for next year. Each Year 5 student will be a School Leader, with the various roles to be discussed by the end of term. Congratulations to the following students who were elected to their roles for 2023:

School Captains: Lainey and Ben-Andrei

Student Council President: Sierra

Congratulations to these students, it's such a great achievement.



Presentation Day Awards

We thank everyone for attending the presentation afternoon last Thursday. Congratulations to all of our students who received awards. We are all very proud of you and your achievements.



Library and Home Reading Books

Thank you to everyone who has returned library books to school. We still have a number outstanding. If you discover any at home during the holidays, please drop them back into the school office as soon as possible.

School Accounts

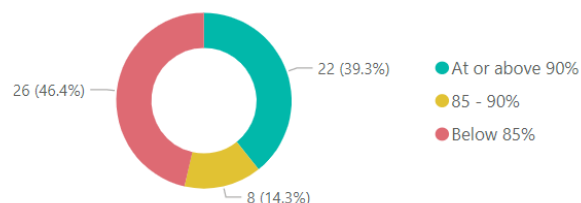
All accounts are now overdue. Please arrange payment as soon as possible.

School Attendance

Our school target for attendance is students attending more than 90% of the time. As you can see below, we need to make some big improvements to reach this target, as only 22 students were in this category for 2022. Please let us all work together to achieve 90% attendance in 2023!!

School Attendance Level

Attendance Level



P&C AGM

Our 2023 AGM will be on Tuesday 7 February at 8:15am in the library. Please come along and support our wonderful school. We would love to see new faces at our meetings. If you have a spare hour, join us and see what P&C all is about! P&C membership is only \$2!

Notice is hereby given that the Annual General Meeting of the Iona Public School Parents and Citizens Association will be held on Tuesday 7 February 2023 at 8.15pm in the school library. In accordance with the Federation of Parents and Citizens' Association guidelines, the following will apply:

The officer positions determined at the AGM, according to both Standard and Prescribed Constitution are: President, Vice President, Secretary and Treasurer. All positions will be declared vacant. Please consider nominating for one of these positions.

Item List For 2023

Attached to this newsletter is an item list for 2023. Please ensure that all students have these items ready for day one (31 Jan 2023). All students require their own headphones, without these they will not be able to access computers or iPad devices.

P&C News

I want to express a big thank you to everyone who has volunteered and helped out in the canteen this year.

I would like to especially thank Rhonda who has been helping almost every Thursday in Term 4, Kim for doing most of the shopping and giving lots of helpful feedback and Clare who has also volunteered, given ideas and feedback.

To everyone who has utilised our canteen this year, a big thank you to you all! If no one ordered our efforts would be pointless.

Merry Christmas and enjoy the break!!

Kayti McMurray

Colour Explosion

The students were ecstatic to have their field back last Friday after two terms, and to include the Colour Explosion that afternoon, was the icing on the cake! It was also wonderful that so many of our parents and staff also participated in the fun.



To date, it has also been our most successful Colour Explosion, raising \$1200 to support our Wellbeing Programs in 2023.

Thank you to our school community for once again supporting our students.

Classroom News

K-1

What a wonderful year 2022 has been! The Stars have worked hard, played hard, and grown by leaps and bounds. It has been so delightful to watch them become a close-knit community. They have learned to appreciate and celebrate each other's differences. Their blossoming kindness to one another is one of the things I love most about them. I want to thank you for putting your trust in us to teach your child. We have enjoyed partnering with you this year and appreciate all your support.

We wish you all a wonderful Christmas! I hope you can find time to create some amazing family memories.



Mrs Bird and Mrs Fraser

1-4

We are finally here. Welcome to Week 10! We will be finishing off quite a few units of work this week and on Tuesday we will finish our class reading of the novel Gangsta Granny by watching the movie adaptation of the book. Students will continue learning coding skills with some challenging Scratch activities this week and our final news topic of the year is "free choice". We have started sending some books home, however, there will be many more workbooks and surprises to send home this week so please send in a bag or two.

We wish The Critters and their families the most enjoyable Christmas. We have thoroughly enjoyed having each and every one of you in our class and will miss seeing your beautiful faces each day. We hope you manage to squeeze in lots of fun family time during the break. Look after yourselves and each other.

Merry Christmas and we can't wait to see you all in 2023!

Ms Hartigan and Ms Tully

4-6

And there we have it. The end of the year has crept up on our!!

All students in 'The Wonders' should be congratulated on a fantastic year. This week we are finishing our Author Study project and Science websites.

I have started to send books home with students so please keep an eye out for them in your child's bags.

For the class party we will be watching 'holes' permission notes have already gone out and are due back this Wednesday.

As part of our class party, we are doing Secret Santa. If your child still needs to get their gift, please do so and drop off to the class by Friday. I have thoroughly enjoyed watching the students grow and challenge themselves each day.

I am very proud of what they have achieved this year.

Merry Christmas and a Happy New Year. Enjoy your break and I look forward to seeing you in 2023.

Mr Tarry

Community Help and Support

As we move into the holiday period, we wanted to make you aware of the supports that are available to your young person when they are not at school. Changes to routine can be hard and your young person may experience times when they feel a range of challenging emotions such as sadness, stress, or lonely.

During the holidays we encourage you to check in/yarn with your young person. It can be helpful to let them know that you are available to speak with them if they ever need. You may also like to encourage them to stay connected with friends and family, look after their physical health and engage in the activities that they enjoy.

If you notice that your young person may benefit from chatting with someone, we encourage you to make them aware and support them to access services. This may be engaging with your local headspace centre, GP or access online or telephone supports through eheadspace (1800 650 890) or kidshelpline (1800 55 1800). Please note that you can also call these numbers to help guide your support, alongside parentline (1300 1300 52).

Apps and websites for support:

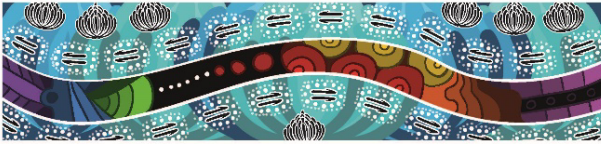
- My Compass <https://www.mycompass.org.au/> This is a resource created by Black Dog which creates personalised support for mental health. This is focused on providing psychoeducation and skill development. This website can be used by staff and students.
- Mood Gym <https://moodgym.com.au/> An online resource that can help support and manage symptoms of mental health challenges.
- eheadspace <https://headspace.org.au/eheadspace/>, 1800 650 890 Online access to a mental health clinician via telephone or webchat. It can be encouraged that students create an account with eheadspace, so that if they have to use this when distressed this is not a barrier for use. Parents can speak with a clinician for help supporting a young person.
- Reachout <https://au.reachout.com/> Tools and resources for stress management and mental health support strategies.
- CalmHarm <https://au.reachout.com/tools-and-apps/calm-harm> support develop strategies to deescalate when feeling distressed. It can be encouraged for students to download, or for use in classroom or advisory group. This can be used for staff and students. Use can be encouraged when not distressed, to establish the use and learning of a helpful coping strategy. Can also be used after an incident, in the hope to long term replace or at least challenge, maladaptive strategies.
- Parent Line <http://www.parentline.org.au/>, 1300 1300 52 A resource to support parents to manage concerns with supporting their young person

Mental Health Services and Support

Beyond Blue 24/7 mental health support service 1300 22 4636 beyondblue.org.au	headspace Online support and counselling to young people aged 12 to 25 1800 650 890 (Mon-Tue daily) For webchat, visit: headspace.org.au/eheadspace	Kids Helpline 24/7 crisis support and suicide prevention services for children and young people aged 5 to 25 1800 55 1800 kidshelpline.com.au	1800RESPECT 24/7 support for people impacted by sexual assault, domestic violence and abuse 1800 737 732 1800respect.org.au
Lifeline 24/7 crisis support and suicide prevention services 13 11 14 lifeline.org.au	Suicide Call Back 24/7 crisis support and counselling service for people affected by suicide 1300 659 467 suicidecallbackservice.org.au	Mensline 24/7 counselling service for men 1300 78 99 78 mensline.org.au	QLife LGBTI peer support and referral 1800 184 527 qlife.org.au (online chat Mon-Tue daily)

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.

Logos for be you, Beyond Blue, and other partners are shown at the bottom.



25,000 temporary election jobs

Saturday, 25 March 2023



Great way to earn
extra money.



No experience required,
training is provided.

"I think it's really important that we show our faces inside the polling booth so people can actually recognise that Aboriginal and Torres Strait Islander peoples are here and we can work anywhere that we put our mind to."



Aboriginal and Torres Strait Islander peoples are encouraged to apply.
Learn more at elections.nsw.gov.au/eoi

elections.nsw.gov.au | 1300 135 736



HUNTER KIDS

11th December, 2022

Dear Families

Re: Service NSW Vouchers \$500 Before and After School Care Vouchers

The Department is pleased to announce that the Before and After School Care (BASC) Voucher program has re-opened for family claims as of 5 December 2022, and will remain open until 31 January 2023.

This extension will allow parents, particularly those with a child commencing kindergarten in 2023, an additional opportunity to claim and redeem a voucher for their child.

Visit Service NSW to apply for your voucher once received please email to hunterkidsvouchers@gmail.com for redemption.

Children will require an enrolment form to attend. The Voucher also includes Vacation Care Service.

If you have any questions please do not hesitate to contact Elaine on 0410 647 153.

Yours sincerely

Elaine McCourt
Director
Ausellakez Pty Limited
Hunter Kids

Good for kids good for life



Keeping active and cool in summer

Physical activity makes kids stronger and fitter, they can concentrate and learn better at school, and sleep better at night.

The weather is warm, and it's a great time to get outdoors and get your 60 minutes of activity each day. Just remember to slip, slop, slap, seek and slide!

Some fun ideas to keep active and cool in summer are:

- Create a slip and slide in your yard with a tarp, water and detergent.
- Go for a bike or scooter ride.
- Go out for a picnic and pack the soccer ball with you.
- Turn on the hose or sprinkler in the backyard.
- Use chalk to draw on the path/driveway and play games like hopscotch, or draw a target.
- Use wet sponges or water balloons.



HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>

Developed by Hunter New England LHD



CHRISTMAS EVE

5:00pm & 9:00pm

CHRISTMAS DAY

9:00am

MAITLAND EVANGELICAL CHURCH
347 HIGH STREET, MAITLAND NSW



IONA PUBLIC SCHOOL

860 Paterson Rd
Woodville NSW 2321
Principal – Mrs Rachel Leary

PH: 4930 1415
Fax: 4930 1807
email: iona-p.school@det.nsw.edu.au



Iona Public School - Student Requirements for 2023

Dear Parents and Caregivers,

For your convenience we have provided a list of the day-to-day equipment needed by students in the various grades for 2023. Some of these will require replenishing each term. Please ensure that all equipment is labelled. **ALL STUDENTS WILL NEED TO SUPPLY THEIR OWN HEADPHONES FOR COMPUTER AND IPAD ACTIVITIES.** If students do not have these they won't be able to access technology in the classroom. * = is required.

Thank you, Iona PS Staff

ITEM	K	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Coloured pencils					*	*	*
Lead pencils					*	*	*
1 sharpener					*	*	*
Eraser					*	*	*
Textas					*	*	*
Highlighters – different colours					*	*	*
Pens – blue, red, black					*	*	*
Scissors					*	*	*
Glue stick					*	*	*
Ruler					*	*	*
A4 plastic wallet X 2	*	*	*	*	*	*	*
Library bag	*	*	*	*	*	*	*
Art shirt	*	*	*	*	*	*	*
Headphones	*	*	*	*	*	*	*