



Learning Together in Harmony

Ph.: 4930 1415 Fax 4930 1807 Email: iona-p.school@det.nsw.edu.au Online: www.iona-p.schools.nsw.edu.au

Welcome back to term 3. We do hope that everyone had a very relaxing holiday.

Thank you to the parents and carers who continue to observe our social distancing restrictions. Currently, the same rules apply to all parents and community members as the end of last term in that all non-essential adults are still not permitted on school grounds or at school events – this includes parents/carers unless specifically approved by the principal. We appreciate you continuing to following these guidelines, so that we keep our staff and other parents safe.

From this term all school sports and physical activity programs can resume. The canteen will also be operational from next Tuesday. Please ensure that lunch orders are in by Monday morning at the latest. Any volunteers to the canteen will need to sign in to the front office on arrival and are required to sign the External Visitors to the School Site Form each time they visit the school site. This form acts as evidence that the visitor is aware of, and will abide by their obligations to comply with the health advice of the day, including hygiene and distancing requirements. The visitor must provide personal contact information to the school to be used in an emergency or when performing contact tracing if required.

As we move into Term 3 we will review our current procedures and communicate any changes through our Facebook page and newsletter.

Welcome

We would like to welcome Riley and his family to our school. Riley is in Kindergarten.

Absentees

In the next few weeks the school will be sending out daily absentee notes to all parents through email via SENTRAL. They will be sent directly to your emails once the role has been marked. This also includes partial absences. It would be appreciated if ALL parents could please ensure that there contact details, including email addresses are up to date.

Now Enrolling for 2021

We are now taking enrolments for next year. Please pass the word along. Please remind family and friends to contact the school regarding any students who will be enrolling next year.

Payments & Orders

With Mrs Mahony not working in the office everyday it would be appreciated that all payments and orders now only be sent to school Tuesday-Thursdays. We thank you for your understanding.

Canteen

Canteen will be starting again from Week 2. Katy has asked that all orders be in by Friday this week and by Monday morning going forward. If you wish to help in the canteen see either Katy or Mrs Mahony. All canteen helpers need to sign in at the office and fill in a visitor declaration form.

Lockdown Drill

A Lockdown drill was held during the last week of term 2 as part of our safety compliance. Children responded very quickly and they were safely in lockdown classrooms within minutes. The drill was conducted to test our readiness for a real emergency.

Staffing

This term we welcome Elise Clarke to the K-2 classroom. Ms Clarke is completing her final practicum with us from the University of Newcastle. We do hope she enjoys her time with us. We also welcome Ms Katie Farrell to Iona PS. Ms Farrell will be working with as a School Learning Support Officer.



Max B turned 8 on 7 July
Harry H turned 9 on 7 July
Thomas turned 8 on 9 July
Edison turned 7 on 16 July
Mia turned 12 on 19 July
Anne turns 9 tomorrow, 22 July

Good for Kids good for life

BREAKFAST IS THE BEST ROUTINE



Breakfast is important for kid's blood sugar levels. It helps them to concentrate while learning, moderate behaviour and have the energy to engage in physical activity.

Breakfast also reduces the desire to snack on high sugar and high fat foods.

Quick and Easy Breakfast Ideas

- Cereal with milk, yoghurt and/or fruit
- Wholegrain toast or raisin bread
- Smoothies made with fresh, frozen or canned fruit

Tip: to get kids ready to learn, keep the TV off during breakfast time

For delicious breakfast recipes visit the Healthy Kids recipe page and click 'breakfast'
<https://www.healthykids.nsw.gov.au/>

Source: Northern Sydney Local Health District



HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

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