Iona Public School Newsletter Term 4 Week 6



## Learning Together in Harmony

Ph: 4930 1415 Fax 4930 1807 Email: iona-p.school@det.nsw.edu.au

Online: www.iona-p.schools.nsw.edu.au

## **Calendar**

November 15 Largs Lodge Visit Multicultural Day November 16 November 17 Mrs Leary MLC meeting Mrs Mahony & Mrs Leary PL November 20 November 23 Theatre Day November 29 Yr 5 Captains Speeches December 6 Presentation Night 6pm December 12 Musical Recital

#### Chickens - Christmas holidays

With the holidays fast approaching we would like to appeal to our community to see if anyone could possibly take the entire chickens (4) 'home for a holiday' over the Christmas break. Obviously, the school will provide you with all the food and grit that you will need. This would be much more time efficient than producing a roster for 6 weeks. Please see Mrs Mahony if you are able to help. Thank you.

#### **Largs Lodge Visit**

On Wednesday the Choir and recorder groups will be performing a range of songs at The Whiddon Group – Largs Lodge at 2pm. Please return all permission notes tomorrow so that transport can be organised.

#### **Leader's Elections**

Our Year 5 students will be presenting their leadership speeches on Wednesday 29 November with our elections carried out on the same day. We wish them good luck as they present themselves to the rest of the school.

## Multicultural Day- Thursday 16<sup>th</sup> November

This Thursday students will be cooking and trying Dumplings and Greek Almond Crescents.

Ingredients are: dumpling pastry, carrot, cabbage, salt, pepper, butter, flour, caster sugar, egg,

baking powder, vanilla sugar, icing sugar, rose water.

If you do not want your child to eat either of these items, please see Ms Tully before Thursday.

#### **Presentation Night**

Presentation night is Wednesday 6 December, starting at 6pm. As is our traditional practice, at the end of the evening on *Presentation Night*, we will also be having a visit from a jolly old man in a red suit. Parents are asked to supply a gift (\$15.00 value maximum), for their own children (including pre-schoolers), to be placed under the Christmas tree for our special visitor to hand out to each child. These can be secreted with Mrs Mahony or a teacher before the night.

#### **Musical Recital**

On Tuesday 12 December at 9.15 am music students (recorders, keyboard players, guitar, flute, school band and the choir) will be presenting a music recital in the Woodville Hall for parents and community members. Students who are performing may bring a plate to share with parents and fellow performers for morning tea after the concert.

### **Christmas Hamper**

P & C has once again provided a collection basket for contributions to our "Christmas Hamper" which is generally presented to the Salvation Army each year. The basket will be placed in the entry foyer of the Admin area where it will be convenient to receive your most welcome donation.

#### **Book Club**

Please return all orders by Wednesday 29 November. If any orders are for Christmas, please let Mrs Mahony know!

#### **Hunter Writers Centre**

The Newcastle Short Story competition is now open. If your child is interested more information can be found at -

http://www.hunterwriterscentre.org/newcastle-short-story-award-2018.html

#### **Theatre Thursday**

On Thursday 23 November, Year 6 will be holding "Theatre Thursday". Dress up as your favourite movie character for a gold coin donation.

Entry to the movie \$1.00, this includes popcorn. Cupcakes will also be available to purchase at \$2.00 each. Please support the 2017 Year 6 fundraiser.

#### **School Accounts**

All school accounts need to be finalised as soon as possible as the end of school financial year is 30 November. Thank you!

# Good for Kids good for life

#### THE IMPORTANCE OF HEALTHY EATING

Healthy eating is not just important for healthy body weight but also for brain development, behaviour and concentration which can help kids in the classroom.

What does healthy eating mean?

- Eating plenty of vegetables, legumes and fruits
- Eating plenty of cereals (preferably wholegrain), including bread, rice, pasta, and noodles
- Including lean meat, fish, poultry and/or alternatives
- Including reduced fat milk, yoghurt and cheese
- Drinking plenty of water

Save occasional foods such as cakes, pastries, chocolate, lollies, chips, fast food and soft drinks for sometimes and in small amounts.





PHONE 4924 6499

## Bailea Smith & Bethany McLoughlin



Please support our local girls and the Dungog High Girls Volleyball Team attend the Australian Volleyball Schools Cup in Melbourne

The girls, along with their team mates will be hosting a Fundraising BBQ at <u>The Coffee Cubby</u> at <u>Woodville</u> <u>General Store November from 7am on Saturday 25<sup>th</sup> to help cover costs to attend this event.</u>

There will be Egg & Bacon Rolls for \$4.00 each

The team is also running a raffle with wonderful prizes!

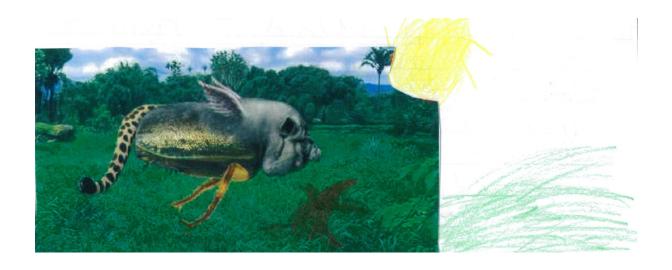
**1<sup>st</sup> Prize** = Anchorage Port Stephens Signature Experience Accommodation for 2, Dinner, Breakfast, Champaign on arrival, Therapeutic massage & facial

**2<sup>nd</sup> Prize** = Mixed Half Dozen Wines + \$50 ITunes Voucher

3rd Prize = Beauty pack + \$20 ITunes Voucher

Prize Draw: 30<sup>th</sup> November 2017

Tickets \$2 each or 3 for \$5



"Bed time" mum's voice echoed through the hall. "Yes, yes" two voices bellowed back. Suddenly everything went black. I shivered in the freezing cold sheets that I got when I was two years old. The actual bed itself was old and wet and cold.

It was then, just when I was falling asleep when I heard a shriek of terror and then the place was silent. All you could hear was bones crunching loudly. Suddenly I could hear clomp, clomp, clomp as the beast galloped up the stairs and into my room!!!

I jolted awake, my eyes blinking like crazy. Phew! It was just a dream.

**Anders** 

Year 2



