



Calendar

Fri 15 th Nov	Dungog HS Orientation Swimming
Wed 20 th Nov	World Day – Yr 6 Fundraiser
Fri 22 nd Nov	Swimming
Wed 27 th Nov	Dungog HS Orientation
Frid 29 th Nov	NO Swimming 2014 Leaders Election

Waterwatch

4/5/6 enjoyed a morning of Waterwatch activities last Thursday, with Amanda from the Hunter CMA. We ventured to Albion Farm, carrying out some Bug surveying from their ponds. The following photos show how lucky we are to have access to such a beautiful environmental area.



School Accounts - Reminder

To allow for a smooth transition from this financial school year to the next, all outstanding accounts need to be finalised by November 27th. An invoice was sent home last week. If you require assistance to pay your account please see either myself or Mrs Mahony, all requests are kept confidential.

Quality Work Folders

Could you please ensure your child/ren have returned their quality work folders to school so that we can start organising them for binding at the end of the year.

Good for Kids Program

Iona Public School is excited to be working in partnership with the Good for Kids program to ensure our school canteen menu is the best it can be. Over the next 12 months Tessa Delaney, a Dietitian from Good for Kids will be visiting and supporting our school to make some healthy changes.

Tessa has worked closely with primary schools as a nutrition project officer for both non-government and government organisations. She has also worked as a nutrition education leader for healthy lifestyle programs for children and their families.

The Good for Kids program will review our canteen menu, look at how food is promoted to our students and staff, review ways our classrooms connect with what's happening in the canteen as well as look at the type of fundraising drives our school is involved in.

All schools in our region are being offered this support and we welcome Tessa and her expertise and look forward to some positive changes and outcomes for our school canteen and our students.

Annual School Report Surveys - Reminder

Sent home last week were two surveys—one about Teaching and one about Homework. We ask that you complete these anonymously, so you can be completely honest with your responses. These need to be returned by Friday 15th November, so the School Council can analyse the results in preparation for the Annual School Report and our School Management Plan. Please return them in a sealed envelope, to the front office.



He needs someone to care.

Do you have room in your home and space in your heart? Help us meet an urgent need for foster carers in the Hunter and Central Coast region.

- The most urgent need exists for:
- Sibling groups of primary school age.
 - Children in need of respite (short break) care, for example can you care for a child / children one weekend a month to give their full time carers a break?

Visit fosteringnsw.com.au or call 1 800 236 783

Talent Quest

Our Year 6 students did wonderfully well yesterday organising a Talent Quest for everyone to enjoy at lunchtime. It was fantastic to see so many children with talent to share, in front of an audience. We had singers, dancers, instrument players and a whip cracker! Everyone who performed received an award. At the end we had two winners: Lucy playing the ukulele and singing "You and I" and Grace showing her expertise with whip cracking in a choreographed performance.



Lucy performing at Talent Quest



Grace whip cracking at the Talent Quest

**ALL BOOKCLUB ORDERS AND
MONEY NEEDS TO BE
RETURNED BY 27TH NOVEMBER**

Water for Forest Area

I'm really pleased to announce that the Paterson Rotary Club will be assisting us with providing water to our forest area. I have met with them at one of their most recent meetings and met with them on two occasions, here, at school reviewing our current situation. The following section from an email I received from the Rotary Club will help explain their proposal : - *"I have received a quote back from Laurie and a recommendation for your water project. Laurie suggests the connection of water from the well to your existing lines feeding water to the tank at the toilets. From there, take the water across the playing field and install 3 taps in your wooded area. He also suggests lengthening the suction pipe into your well to give a longer pump time. In addition he recommends putting the well pump on a timer, say pumping into your tank for an hour a day and leaving 23 hours for the well to re-accumulate. This should provide all the water you need for the wooded area plus some additional for the toilets etc.*

Laurie has given us a very generous quote to do the job completely. I have proposed to our board that we accept the quote and get the job done so it is complete ready for you for the start of next year. Our members would still like some involvement at school level, so I have proposed that upon completion of the project, we have a small planting and watering afternoon early next year involving perhaps some students and a few of our members. We would be happy to provide some plants to help get you further along with your forest. I could try and arrange someone from the Mercury to come along and cover our "joint venture."

We look forward to this project coming into fruition for 2014.

ART CLASSES

Drawing

Painting

Art Tuition

For beginners and intermediate

Lessons with fully qualified art teacher

Call Joe on 0413641447



Cancer Council NSW

Nutrition Snippet

The simplest way

...to add fruit at brekky

This delish recipe will give your kids' a great start to their day!

It contains one serve of fruit:

Ingredients
2 eggs
1 tbsp honey
2 ½ cups low fat milk
3 ripe bananas, sliced
2 cups self-raising flour
2 tbsp sugar
2 tsp margarine, melted
3 medium apples, peeled, cored and grated

Method
In a large bowl beat eggs, margarine + milk. In a separate bowl mix flour and sugar, stir into wet mixture until smooth. Heat oil in a pan over medium heat. Add 2-3 tbsp of mixture, flip when bubbles appear and cook until golden. Serve with banana and drizzled honey. Makes 10.

For more information visit www.eatittobeatit.com.au or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

Eat It To Beat It



The completed work of art



Awards

Merit Awards were presented in:-

K/1

Zali for fantastic participation at Gala Day

Seth J for fantastic participation at Gala Day

Nash for fantastic participation at Gala Day

Aria for fantastic participation at Gala Day

Lily E for fantastic participation at Gala Day

Jack for fantastic participation at Gala Day

Nash for trying hard in art

1/2/3

Gabby for taking her time to produce wonderful artwork

4/5/6

Lucy C for excellent dramatic skills in News Report

Victoria for having such a positive attitude at the Gala Day

Charlotte for having such a positive attitude at the Gala Day

Tom I for a neat and tidy maths book

Peer Nominated Citizenship Award

Charlotte for always looking after younger students

Teacher Nominated Citizenship Award

Cameron for enthusiasm and effort with all activities at the Gala Day

Library Award

Felicity for continuously helping and being quiet

Environmental Award

Isabella for picking up rubbish without being asked

Healthy Food Award

Linden for always eating healthy food

Birthdays:-

Layla turned 8 on 1st November

Gabby turned 9 on 3rd November



Christmas Lights Spectacular

15 NOVEMBER 2013 - 26 JANUARY 2014



Growing Family Traditions!

Every year we bring hundreds and thousands of families together to celebrate the magic of Christmas.

With exciting new displays including 1.5 million Christmas lights, sound & light displays, our brand new marquee, children's entertainment, festive food, beverages, Santa and much more, this is the event the whole family will remember!

Entry Prices 6.30pm - 10pm

Adults \$22.50 - Children (4 - 15) \$17.50

Children 3 & under FREE

Family (2 Adults & 1 Child) \$55.00

Extra Child Family Pass \$15.00

Day + Night Passes also available

Accommodation available at harrigans.com.au

Online Tickets - www.hvg.com.au

Gardens open 9am - 4pm. Closed 25 December. This event will not open in adverse weather conditions.

HUNTER VALLEY

Gardens



Join us for updates & giveaways



WITH OVER
1,500,000
CHRISTMAS
LIGHTS ON
DISPLAY



02 4998 4000 - www.hvg.com.au
Broke Road Pokolbin

In the Fields of Flanders

With a badge of courage and a head held high
One word was said to the loved one, goodbye.
Hearts full of doubt not knowing their adventure,
Slowly unravelling the thread of their future.
A soldier holds a cross up, and then to his chest,
And runs with his gun praying for the best.

A letter gets delivered to a soldier family,
They all stand around while his wife opens it carefully.
He tells them how he misses them so,
And how the days pass by very slow.
Most of the soldiers don't get a chance to write,
They are too worried they will be shot tonight.
No colour in the soldiers' lives any more,
Who could bear that terrible war.

A gunshot was heard then an ear piercing scream,
One more down, another soul would gleam.
As the poppies grew taller and redder on the field,
The men would fight until a paper was revealed .
If the soldiers knew what was about to happen,
Would they make sure they were cherished and never forgotten.
In Flanders Fields a war begun,
In Flanders Fields a war was done.

By Charlotte



World Day

When- Wednesday 20th 2013 2:00-3:15

Where- At school

Money goes to- African Aid Foundation

What's on-

- Activity groups about different places of the world
 - Dancing or Cooking
 - Art
 - Sport
- Face painting 20c-50c
- Stall 10c +
- Cupcakes 20c ea. (Some gluten & dairy free)
- Biscuits (Some gluten & Dairy free)

